## **Chalfont Park Canoe Club**

# **Health and Safety Policy**

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#### Objective.

The objective of this policy is to ensure Members and Guests using the Club and its facilities do so in a safe way without unnecessary risk to themselves or others.

#### Responsibilities

It is the responsibility of the Committee to define this policy, it is the responsibility of each and every member to ensure the policy is followed and to alert the Committee to any new or previously unforeseen risk or issue or to any breach of the policy.

The Committee shall respond and react within two weeks of any such notification.

Canoeing and Kayaking are "Assumed risk – Water contact sports" that may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own action and involvement"

Responsibility for personal safety rests with the members.

The Policy will ensure, as far, as is reasonably practical safe conditions are maintained on the water.

The Policy is intended to minimise the risks associated with activities on the water.

Club members have a duty of care to take all reasonable steps to avoid injuring or endangering themselves and other club members and river users or damaging equipment or property.

Members participate in all activities at their own risk.

#### General Policy

Anyone taking to the water from the Club must be able to swim a minimum of 50 meters.

Anyone taking to the water from the Club must wear a properly fitted buoyancy aid that is appropriate for the weight of the individual, that is in good condition and that provides the support stated on its manufacturers label.

No one should ever take to the water alone.

Each individual is responsible for assessing the condition of the river at the time they get on the water and assessing whether they have the adequate skills and ability to cope with the conditions, as a minimum river flow, temperature, weather and personal experience should be considered.

It is the responsibility of anyone taking to the water to ensure that all the equipment they are using is appropriate and serviceable.

The safety and wellbeing of visitors and guests to the Club is the responsibility of the Member bringing them and they should be accompanied by the member at all times

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whilst at the Club or on the water. It is the responsibility of the Club Member to ensure all safety policies and procedures are followed.

Instruction or Coaching at the Club is only permitted by currently qualified BCU coaches or instructors with the prior written permission of the Committee.

Consumption of alcohol is not permitted on club premises.

Be aware of the possibility of water-borne infections e.g. Weil's Disease. Anyone who shows any signs of flu-like symptoms within fourteen days of having been in contact with a body of water should see their doctor and explain exactly what they have been doing.

#### Weir Policy

Any Member paddling in the vicinity of the weir must be equipped with full personal safety equipment that must meet the minimum standard laid down by the BCU. For example, PFD, Spray deck and Helmet.

Shooting the weir is not permitted.

Do not alter the adjustment of Weir Irons or Radials. If such alteration is desirable in the interest of safety permission is to be sought from the Lock keeper. If permission is granted and the lock keeper asks a member to make the changes this should not be undertaken unless the club member has experience in operating the machinery.

Any person crossing the guard rail for the purpose of constructing a slalom course or conducting training sessions must wear a buoyancy aid.

Before paddling in the weir pool an assessment of the flow must be made to ensure conditions are safe for canoeing.

#### Ramp Operation

Only persons who have received training in the operation of the adjustable ramps shall be permitted to operate them. (See Appendix A for the list of trained persons)

Any person crossing the guard rail for the purpose of operating the ramps must wear a buoyancy aid.

Before and after adjustment of the ramps an assessment of the flow in the weir pool must be made to ensure conditions are safe for canoeing.

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### **Document Control**

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## Chalfont Park Canoe Club Risk Assessment

Hazard	Persons at	Probability	Severity	Risk Control	Further action
	Risk				
Drowning	Club members	Very Low	Very high	Risk Reduction through Club Safety policy	Monitor compliance with safety policy
Accident or Injury	Club members	Very Low	High	Risk Reduction through Club Safety policy	Monitor compliance with safety policy
Hypothermia	Club members	Very Low	Medium	Risk Reduction through Club Safety policy	Monitor compliance with safety policy
Infection	Club members	Very Low	Medium	Risk Reduction through Club Safety policy	Monitor compliance with safety policy
Date	10/12/2012				

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